



SPORTS MEDICINE & REHAB SERVICES
PROGRAM OF STUDY

CTE Courses offered grades 9-12

CAREER PLAN OF STUDY: SPORTS MEDICINE AND REHAB SERVICES

CAREER CLUSTER: HEALTH SCIENCE

CAREER PATHWAY: THERAPEUTIC SERVICES

SAMPLE OCCUPATIONS: Athletic Trainer, Chiropractor, Physical Therapist or Assistant, Recreational Therapist or Assistant, Occupational Therapist or Assistant, Massage Therapist, Medical Assistant, Occupational Health and Safety Technician, Nurse, Rehabilitation Counselor, Recreational Therapist.

CERTIFICATION: Certified Personal Trainer - ACE or NASM

HIGH SCHOOL PLAN OF STUDY	GRADE	Recommended Program of Study					OTHER REQUIRED COURSES
		CAREER AND TECHNICAL EDUCATION COURSES	ENGLISH (4 Credits)	MATH (4 Credits)	SCIENCE (3 Lab)	SOCIAL STUDIES (3 Credits)	
	9	**HE91 - Prevention and Care of Sports Injuries	EN09 - Freshman English	MA27 - Algebra I	SC09 - Essential Elements of Science	SS22 - World History/ Geography	Practical Art - 1 Credit OR ↓
	10	**HE 92 - Sports Medicine	EN47 - Sophomore English	MA30 - Geometry	SC49 - Biology		Fine Arts 1 credit
	11	**HE93 - Athletic Training	EN48 - Jr. English	MA40 - Algebra II	SC71 - Chemistry/ SC81 - Physics	SS35 - American/AZ History	PE - 1 Credit
	12	CT83 Sports Medicine Internship	EN49 - Sr. English	MA45-PreCalculus OR MA42 - College Algebra/Trigonometry		SS51 - Government and SS77 - Principles and Practices of Economics	World Language - 2 Credits university entrance
LEGEND	CTE Program of Study (Meets practical art requirement)		**Dual Enrollment Option - College credit may be available				
	Refer to each university's website for specific admission requirements						
POST SECONDARY	COMMUNITY COLLEGE		UNIVERSITY			TECHNICAL	
	Mesa Community College http://mesacc.edu/high-school/career-pathways		Arizona State University https://webapp4.asu.edu/programs/t5/undergrad			Pima Medical Institute www.pmi.edu/Programs.aspx	
	Scottsdale Community College www.scottsdalecc.edu		Northern Arizona University www.nau.edu				
	Yavapai Community College www.yc.edu/academics/degrees-and-certificates/		Grand Canyon University http://www.gcu.edu/degree-programs/				
Go to www.mpsaz.org/cte/programs for more information on this and other CTE Programs of Study.							
CAREER PLANNING LINKS				PROFESSIONAL ORGANIZATION LINKS			
MPS Career and Technical Education - www.mpsaz.org/cte				The American Physical Therapy Association - www.apta.org			
MPS Career Planning System-Kuder Navigator-www.mpsaz.kuder.com				National Athletic Trainers Association - www.nata.org			
MyMPS - www.mpsaz.org/mymps				National Therapeutic Recreation Society - www.nrpa.org			