



# January 2019

**Cafe Hours**  
Monday thru Friday  
10:45 a.m. - 1:15 p.m.

63 E Main St, Mesa, AZ

Menu Subject to Change

Mon	Tue	Wed	Thu	Fri	MORE OPTIONS	
<b>7</b> <b>Special</b> Chicken Taquitos Pinto Beans Spanish Rice  <b>Soup</b> Asiago Cheese  <b>Dessert</b> Chocolate Chip Walnut Blondie	<b>8</b> <b>Special</b> Philly Cheesesteak Seasoned Tater Tots Pasta Salad  <b>Soup</b> Chicken Noodle  <b>Dessert</b> Chocolate Cake with Chocolate Frosting	<b>9</b> <b>Special</b> Homemade Meatloaf Mashed Potatoes & Gravy Buttered Corn  <b>Soup</b> Mushroom & Brie Bisque  <b>Dessert</b> Strawberry Cheesecake	<b>10</b> <b>Special</b> Green Chili Chicken Sandwich Potato Salad Garden Salad  <b>Soup</b> Sacramento Taco  <b>Dessert</b> Buttermilk Pie	<b>11</b> <b>Special</b> Macaroni & Cheese Fresh Fruit Dinner Roll  <b>Soup</b> Italian Wedding  <b>Dessert</b> Dutch Apple Pie	<b>Entrée Sandwiches</b> \$3.00  <b>Monday</b> Turkey Club on Sourdough <b>Tuesday</b> Ranchero Wrap <b>Wednesday</b> Veggie on 12-Grain <b>Thursday</b> Turkey Cranberry Croissant <b>Friday</b> Ham & Swiss  <b>Entrée Salads</b> \$3.00  <b>Monday</b> Cobb <b>Tuesday</b> Asian Quinoa <b>Wednesday</b> Southwest Chicken w/ Corn Bread Muffin <b>Thursday</b> Spinach Salad <b>Friday</b> Mandarin Chicken  <b>Fit and Fresh</b> \$2.00  <b>Monday</b> Protein Plate <b>Tuesday</b> Cottage Cheese and Fruit <b>Wednesday</b> Protein Plate <b>Thursday</b> Cottage Cheese and Fruit <b>Friday</b> Protein Plate (Tuna)  <b>Additional Offerings</b>  <b>Food</b> Garden or Caesar Salad - \$1.75 Side Salad - \$1.00 Chips - \$1.00 Extra Dressing - 25¢  <b>Desserts</b> Lemon Bar - 75¢ Brownie - 75¢ Cookies (2) - 75¢  <b>Beverages</b> Canned Soda (12 fl oz) - 50¢ Lemonade (16 fl oz) - 50¢ Iced Tea (16 fl oz) - 50¢ Bottled Water (16.9 fl oz) - 50¢	
<b>14</b> <b>Special</b> Fiesta Taco Salad Lettuce & Tomato Refried Beans  <b>Soup</b> Chicken & Rice  <b>Dessert</b> Fruit Pizza	<b>15</b> <b>Special</b> Oven Baked Chicken Ranch Mashed Potatoes Green Beans  <b>Soup</b> Cheesy Cauliflower  <b>Dessert</b> Apple Crisp	<b>16</b> <b>Special</b> Barbacoa Beef Tacos Black Beans Cilantro Citrus Rice  <b>Soup</b> Chicken Tortilla  <b>Dessert</b> Brownies	<b>17</b> <b>Special</b> Mesa Deluxe Burger Curly Fries Macaroni Salad  <b>Soup</b> Spicy Corn Chowder  <b>Dessert</b> Peanut Butter Pie	<b>18</b> <b>Special</b> Deluxe Quesadilla Zucchini Bake Fresh Fruit  <b>Soup</b> White Cheddar Poblano  <b>Dessert</b> Strawberry Shortcake		
Closed in observance of Civil Rights/MLK Day	<b>22</b> <b>Special</b> Teriyaki Chicken Fried Rice Broccoli  <b>Soup</b> Vegetable  <b>Dessert</b> Cheesecake Cookie Bar	<b>23</b> <b>Special</b> Homemade Lasagna Caesar Salad Garlic Knot  <b>Soup</b> Spicy Sausage & Kale  <b>Dessert</b> Recess Bars	<b>24</b> <b>Special</b> Popcorn Chicken Bowl w/ Mashed Potatoes & Corn  <b>Soup</b> Broccoli Cheese  <b>Dessert</b> Carrot Cake	<b>25</b> <b>Special</b> Sloppy Joe Onion Rings Fresh Fruit  <b>Soup</b> Minestrone  <b>Dessert</b> Blueberry Cheesecake		
	<b>28</b> <b>Special</b> Baked Potato Bar Broccoli Cheese Sauce Bacon Bits & Sour Cream  <b>Soup</b> Chili  <b>Dessert</b> Marble Cake	<b>29</b> <b>Special</b> Bean & Cheese Burrito w/ Red or Green Sauce Green Chili Rice Mexican Corn  <b>Soup</b> Hopi Stew  <b>Dessert</b> Chocolate Crème Pie	<b>30</b> <b>Special</b> BBQ Pulled Pork Coleslaw Baked Beans  <b>Soup</b> Potato  <b>Dessert</b> Peach Cobbler	<b>31</b> <b>Special</b> Fettuccini Chicken Alfredo California Blend Dinner Roll  <b>Soup</b> Tomato Bisque  <b>Dessert</b> Brownies		
		<b>Pricing</b> <b>"Cash or Check Only"</b>  <b>Special</b> \$3.00  <b>Soup</b> Large (16 oz)... \$1.75 Small (12 oz)... \$1.50  <b>Dessert</b> \$1.25				

This institution is an equal opportunity provider and employer

