



549 N Stapley Dr, Mesa, AZ

January 2019

Cafe Hours
Monday thru Friday
10:45 a.m. - 1:15 p.m.

Menu Subject to Change

Mon	Tue	Wed	Thu	Fri	MORE OPTIONS
<p>7 Special Chicken Taquitos Pinto Beans Spanish Rice</p> <p>Soup Asiago Cheese</p> <p>Dessert Chocolate Chip Walnut Blondie</p>	<p>8 Special Philly Cheesesteak Seasoned Tater Tots Pasta Salad</p> <p>Soup Chicken Noodle</p> <p>Dessert Chocolate Cake with Chocolate Frosting</p>	<p>9 Special Homemade Meatloaf Mashed Potatoes & Gravy Buttered Corn</p> <p>Soup Mushroom & Brie Bisque</p> <p>Dessert Strawberry Cheesecake</p>	<p>10 Special Green Chili Chicken Sandwich Potato Salad Garden Salad</p> <p>Soup Sacramento Taco</p> <p>Dessert Buttermilk Pie</p>	<p>11 Special Macaroni & Cheese Fresh Fruit Dinner Roll</p> <p>Soup Italian Wedding</p> <p>Dessert Dutch Apple Pie</p>	<p>Entrée Sandwiches \$3.00</p> <p>Monday Turkey Club on Sourdough</p> <p>Tuesday Ranchero Wrap</p> <p>Wednesday Veggie on 12-Grain</p> <p>Thursday Turkey Cranberry Croissant</p> <p>Friday Ham & Swiss</p> <p>Entrée Salads \$3.00</p> <p>Monday Cobb</p> <p>Tuesday Asian Quinoa</p> <p>Wednesday Southwest Chicken w/ Corn Bread Muffin</p> <p>Thursday Spinach Salad</p> <p>Friday Mandarin Chicken</p> <p>Fit and Fresh \$2.00</p> <p>Monday Protein Plate</p> <p>Tuesday Cottage Cheese and Fruit</p> <p>Wednesday Protein Plate</p> <p>Thursday Cottage Cheese and Fruit</p> <p>Friday Protein Plate (Tuna)</p> <p>Additional Offerings</p> <p>Food Garden or Caesar Salad - \$1.75 Side Salad - \$1.00 Chips - \$1.00 Extra Dressing - 25¢</p> <p>Desserts Lemon Bar - 75¢ Brownie - 75¢ Cookies (2) - 75¢</p> <p>Beverages Canned Soda (12 fl oz) - 50¢ Lemonade (16 fl oz) - 50¢ Iced Tea (16 fl oz) - 50¢ Bottled Water (16.9 fl oz) - 50¢</p>
<p>14 Special Fiesta Taco Salad Lettuce & Tomato Refried Beans</p> <p>Soup Chicken & Rice</p> <p>Dessert Fruit Pizza</p>	<p>15 Special Oven Baked Chicken Ranch Mashed Potatoes Green Beans</p> <p>Soup Cheesy Cauliflower</p> <p>Dessert Apple Crisp</p>	<p>16 Special Barbacoa Beef Tacos Black Beans Cilantro Citrus Rice</p> <p>Soup Chicken Tortilla</p> <p>Dessert Brownies</p>	<p>17 Special Mesa Deluxe Burger Curly Fries Macaroni Salad</p> <p>Soup Spicy Corn Chowder</p> <p>Dessert Peanut Butter Pie</p>	<p>18 Special Deluxe Quesadilla Zucchini Bake Fresh Fruit</p> <p>Soup White Cheddar Poblano</p> <p>Dessert Strawberry Shortcake</p>	
<p>21</p> <p>Closed in observance of Civil Rights/MLK Day</p>	<p>22 Special Teriyaki Chicken Fried Rice Broccoli</p> <p>Soup Vegetable</p> <p>Dessert Cheesecake Cookie Bar</p>	<p>23 Special Homemade Lasagna Caesar Salad Garlic Knot</p> <p>Soup Spicy Sausage & Kale</p> <p>Dessert Recess Bars</p>	<p>24 Special Popcorn Chicken Bowl w/ Mashed Potatoes & Corn</p> <p>Soup Broccoli Cheese</p> <p>Dessert Carrot Cake</p>	<p>25 Special Sloppy Joe Onion Rings Fresh Fruit</p> <p>Soup Minestrone</p> <p>Dessert Blueberry Cheesecake</p>	
	<p>28 Special Baked Potato Bar Broccoli Cheese Sauce Bacon Bits & Sour Cream</p> <p>Soup Chili</p> <p>Dessert Marble Cake</p>	<p>29 Special Bean & Cheese Burrito w/ Red or Green Sauce Green Chili Rice Mexican Corn</p> <p>Soup Hopi Stew</p> <p>Dessert Chocolate Crème Pie</p>	<p>30 Special BBQ Pulled Pork Coleslaw Baked Beans</p> <p>Soup Potato</p> <p>Dessert Peach Cobbler</p>	<p>31 Special Fettuccini Chicken Alfredo California Blend Dinner Roll</p> <p>Soup Tomato Bisque</p> <p>Dessert Brownies</p>	
		<p>Pricing **Cash or Check Only**</p> <p>Special \$3.00</p> <p>Soup Large (16 oz)... \$1.75 Small (12 oz)... \$1.50</p> <p>Dessert \$1.25</p>			

This institution is an equal opportunity provider and employer

