



March 2019

Cafe Hours
Monday thru Friday
10:45 a.m. - 1:15 p.m.

63 E Main St, Mesa, AZ

Menu Subject to Change

Mon	Tue	Wed	Thu	Fri	MORE OPTIONS
				1 <u>Special</u> Chicken Parmesan Penne Pasta Caesar Salad <u>Soup</u> Italian Wedding <u>Dessert</u> Pineapple Upside-down Cake	ENTRÉE SANDWICHES \$3.00 <u>Monday</u> Ham & Swiss Croissant <u>Tuesday</u> Turkey Club <u>Wednesday</u> Chicken Salad Croissant <u>Thursday</u> Veggie Wrap <u>Friday</u> Turkey Swiss w/ Spinach on 12-Grain
4 <u>Special</u> Fiesta Taco Salad Lettuce & Tomato Refried Beans <u>Soup</u> Santa Fe Chicken <u>Dessert</u> Chocolate Chip Blondie	5 <u>Special</u> Chicken Club Sandwich Pasta Salad Fries <u>Soup</u> Chicken Noodle <u>Dessert</u> Chocolate Cake w/ Chocolate Frosting	6 <u>Special</u> Fettuccini Chicken Alfredo California Blend Garlic Knot <u>Soup</u> Tomato <u>Dessert</u> Strawberry Cheesecake	7 <u>Special</u> Barbacoa Beef Tacos Pinto Beans Spanish Rice <u>Soup</u> Sacramento Taco <u>Dessert</u> Buttermilk Pie	8 <u>Special</u> Veggie or BBQ Chicken Specialty Pizza Garden Salad Fresh Fruit <u>Soup</u> Posole <u>Dessert</u> Brownies	ENTRÉE SALADS \$3.00 <u>Monday</u> Mandarin Chicken <u>Tuesday</u> Chicken Strawberry Spinach <u>Wednesday</u> Cobb <u>Thursday</u> Spinach Salad <u>Friday</u> Chicken Caesar Salad
11 Closed for Spring Break	12 Closed for Spring Break	Pricing **Cash or Check Only** <u>Special</u> \$3.00 <u>Soup</u> Large (16 oz)...\$1.75 Small (12 oz)...\$1.50 <u>Dessert</u> \$1.25	14 Closed for Spring Break	15 Closed for Spring Break	FIT AND FRESH \$2.00 <u>Monday</u> Protein Plate <u>Tuesday</u> Cottage Cheese and Fruit <u>Wednesday</u> Protein Plate <u>Thursday</u> Cottage Cheese and Fruit <u>Friday</u> Protein Plate (Tuna)
18 <u>Special</u> Orange Chicken White Rice Steamed Carrots <u>Soup</u> Asiago Cheese <u>Dessert</u> Cheesecake Cookie Bar	19 <u>Special</u> Oven Baked Chicken Ranch Mashed Potatoes Green Beans <u>Soup</u> Cheesy Cauliflower <u>Dessert</u> Apple Crisp	20 <u>Special</u> Sour Cream Chicken Enchiladas Mexican Corn Green Chili Rice <u>Soup</u> Chicken Tortilla <u>Dessert</u> Brownies	21 <u>Special</u> BBQ Pork Sandwich Macaroni Salad Baked Beans <u>Soup</u> Spicy Corn Chowder <u>Dessert</u> Peanut Butter Pie	22 <u>Special</u> Baja Fish Tacos Cilantro Citrus Rice Refried Beans <u>Soup</u> White Cheddar Poblano <u>Dessert</u> Strawberry Shortcake	ADDITIONAL OFFERINGS <u>Food</u> Garden or Caesar Salad - \$1.75 Side Salad - \$1.00 Chips - \$1.00 Extra Dressing - 25¢ <u>Desserts</u> Lemon Bar - 75¢ Brownie - 75¢ Cookies (2) - 75¢ <u>Beverages</u> Canned Soda (12 fl oz) - 50¢ Lemonade (16 fl oz) - 50¢ Iced Tea (16 fl oz) - 50¢ Bottled Water (16.9 fl oz) - 50¢
25 <u>Special</u> Southwest Cheesesteak Sandwich Seasoned Tater Tots Garden Salad <u>Soup</u> Tomato Bisque <u>Dessert</u> Fruit Pizza	26 <u>Special</u> Teriyaki Chicken Vegetable Fried Rice Broccoli <u>Soup</u> Vegetable <u>Dessert</u> Coconut Crème Pie	27 <u>Special</u> Spaghetti with Meat Sauce Green Beans Dinner Roll <u>Soup</u> Spicy Sausage & Kale <u>Dessert</u> Recess Bars	28 <u>Special</u> Popcorn Chicken Bowl w/ Mashed Potatoes Corn <u>Soup</u> Broccoli Cheese <u>Dessert</u> Carrot Cake	29 <u>Special</u> Crispy Fish Sandwich Coleslaw Onion Rings <u>Soup</u> Minestrone <u>Dessert</u> Blueberry Cheesecake	

This institution is an equal opportunity provider and employer

