



September 2019

Cafe Hours
Monday thru Friday
 10:45 a.m. - 1:15 p.m.

63 E Main St, Mesa, AZ

Menu Subject to Change

Mon	Tue	Wed	Thu	Fri	<u>MORE OPTIONS</u>
	3	4	5 <u>Special</u> Baked Chicken Ranch Mashed Potato's Garlic Knot <u>Soup</u> Spicy Corn Chowder <u>Dessert</u> Peanut Butter Pie	6 <u>Special</u> Spicy Cilantro Burger Curly Fries Fresh Fruit <u>Soup</u> White Cheddar Poblano <u>Dessert</u> Strawberry Shortcake	<u>MORE OPTIONS</u> Entrée Sandwiches \$3.00 <u>Monday</u> Turkey Club on 12 Grain <u>Tuesday</u> Veggie Wrap <u>Wednesday</u> Turkey Cranberry Croissant <u>Thursday</u> Ranchero Wrap <u>Friday</u> Ham & Swiss on Sourdough
9 <u>Special</u> Chicken Taquitos with Spanish Rice & Refried Beans <u>Soup</u> Tomato Bisque Soup <u>Dessert</u> Fruit Pizza	10 <u>Special</u> Orange Chicken with White Rice Steamed Broccoli <u>Soup</u> Vegetable Soup <u>Dessert</u> Chocolate Crème Pie	11 <u>Special</u> Homemade Meatloaf with Mashed Potato's & Gravy Corn and a Dinner roll <u>Soup</u> Mushroom & Brie Bisque Soup <u>Dessert</u> Peach Cobbler	12 <u>Special</u> Popcorn Chicken Bowl Mashed Potato's & Gravy and a Dinner roll <u>Soup</u> Broccoli Cheese <u>Dessert</u> Carrot Cake	13 <u>Special</u> Spaghetti with Cheese Sticks & Green Beans Dinner Roll <u>Soup</u> Italian Wedding Soup <u>Dessert</u> Blueberry Cheese Cake	Entrée Salads \$3.00 <u>Monday</u> Mandarin Chicken <u>Tuesday</u> Chef <u>Wednesday</u> Strawberry Chicken <u>Thursday</u> Chicken Caesar <u>Friday</u> Spinach
16 <u>Special</u> Baked Potato Bar Broccoli Cheese Sauce <u>Soup</u> Chili <u>Dessert</u> Chocolate Chip Peanut Butter Cookie Bar	17 <u>Special</u> Korean BBQ Chicken White Rice Roasted Broccoli <u>Soup</u> Skinny Soup <u>Dessert</u> Chocolate Crème Pie	18 <u>Special</u> Chicken Alfredo Green Beans Garlic Knot <u>Soup</u> Zuppa Toscana <u>Dessert</u> Recess Bars	19 <u>Special</u> Oven Baked Chicken Buttery Corn Dinner Roll <u>Soup</u> Creamy Italian Chicken Soup <u>Dessert</u> Brownies	20 <u>Special</u> Enchilada Style Burrito Spanish Rice Spicy Pinto Beans <u>Soup</u> Asiago Cheese Soup <u>Dessert</u> Pineapple Up-side Down Cake	Fit and Fresh \$2.00 <u>Monday</u> Protein Plate <u>Tuesday</u> Cottage Cheese and Fruit <u>Wednesday</u> Protein Plate <u>Thursday</u> Cottage Cheese and Fruit <u>Friday</u> Protein Plate (Tuna)
23 <u>Special</u> Warm Italian Sub Potato Salad Fresh Fruit <u>Soup</u> Santa Fe Chicken Soup <u>Dessert</u> Fruit Pizza	24 <u>Special</u> Sweet and Sour Chicken White Rice Roasted Broccoli <u>Soup</u> Hearty Chicken Noodle <u>Dessert</u> Chocolate Cake w/ Chocolate Frosting	25 <u>Special</u> Green Chili & Chicken on Seeded Bun Pasta Salad & Fresh Fruit <u>Soup</u> Sacramento Taco Soup <u>Dessert</u> Strawberry Cheesecake	26 <u>Special</u> Bacon Cheese Burger or Hot Dog Seasoned Tots Macaroni Salad <u>Soup</u> Chili <u>Dessert</u> Buttermilk Pie	27 <u>Special</u> Spicy Boneless Wings Macaroni & Cheese Glazed Carrots & Dinner Roll <u>Soup</u> Minestrone Soup <u>Dessert</u> Dutch Apple Pie	Additional Offerings <u>Food</u> Garden or Caesar Salad - \$1.75 Side Salad - \$1.00 Chips - \$1.00 Extra Dressing - 25¢ <u>Desserts</u> Lemon Bar - 75¢ Brownie - 75¢ Cookies (2) - 75¢ <u>Beverages</u> Canned Soda (12 fl oz) - 50¢ Lemonade (16 fl oz) - .75¢ Iced Tea (16 fl oz) - .75¢ Bottled Water (16.9 fl oz) - .75¢ Bottled Tea (16.9 fl oz) - \$1.50 Seltzer Water (16.9 fl oz) - \$.125
30 <u>Special</u> Fiesta Taco Salad Refried Beans <u>Soup</u> Posole Soup <u>Dessert</u> Cheese Cake Cookie Bar		Pricing **Cash or Check Only** <u>Special</u> \$3.00 <u>Soup</u> Large (16 oz)...\$1.75 Small (12 oz)...\$1.50 <u>Dessert</u> \$1.25			

This institution is an equal opportunity provider and employer

