

# Food Safety Instructions for Take Home Meals

Below are some simple food safety guidelines for your meals.

- Wash your hands before eating this meal or handling the food.
- Cold items should be eaten immediately or refrigerated within 2 hours of receiving the meal. Peanut Butter and Jelly Sandwiches should be enjoyed the same day.
- Foods like dairy (milk, cheese, etc.) meat and cut fruits or vegetables should be refrigerated at a temperature of 41° F or lower.
- Any FROZEN items should be placed into a freezer within 30 minutes of receiving the food.
- Entrée items may be eaten cold but are best enjoyed heated. General guidelines would be to cook all meats and items containing dairy to 165° F or higher. The following cooking guidelines are from the manufacturer. Please note that ovens may vary.
  - **Bean and Cheese Burrito** – Leave in wrapper. Bake at 350° F for 10-16 minutes if thawed. Bake at 350° F for 17-19 minutes if frozen.
  - **Burger Buddies (Cheeseburger Sliders) – Oven:** Do not remove wrap before heating. Bake at 350° F for 18-20 minutes if thawed, or 30-35 minutes if frozen. **Microwave:** Open one end of package and heat for 40-50 seconds.
  - **Cheesy Pull-Aparts** –Leave in wrapper. Bake at 325° F for 10-12 minutes if frozen; Bake at 325° F for 6-8 minutes if thawed.
  - **Chicken Nuggets** – Remove packaging and heat from frozen. Bake at 400° F for 8-10 minutes.
  - **Chicken Taquitos** –Remove packaging and heat from frozen. For best results, bake at 400° F for 13 minutes. Or, microwave at full power for 1 minute 15 seconds.
  - **Grilled Cheese Sandwich** – Leave in wrapper. Bake at 350° F for 12 minutes if thawed. Bake at 325° F for 18 minutes if frozen.
  - **Mini Calzones** – Remove packaging before heating. Thaw and bake at 325° F for 6-8 minutes.
  - **Mini Corn Dogs** - Remove packaging and bake at 350° F for 21-23 minutes if frozen. Or, microwave for 60 seconds from frozen.
  - **Pizza** – Remove packaging before heating. Heat from frozen. Bake at 350° F for 8-11 minutes.
  - **Mini Pancakes** – Leave in wrapper and bake from frozen at 350° F for 10-12 minutes. Or, thaw at room temperature for 2 hours and serve.
  - **Mini Cinnis**-Do not remove from pouch. Bake from frozen at 350° F for 10-12 minutes.
  - **French Toast Sticks**-Leave in wrapper. Bake from frozen at 350° F for 9-11 minutes
  - **Turkey Ham and Cheese Breakfast Sandwich**-Open one end of the package or pierce. Heat for 60-90 seconds or until heated through. Allow to cool for 2-3 minutes.
  - **Mini Waffles**- Place frozen pouches, picture side up, on a baking sheet. Bake at 350°F until thawed and warm. Or thaw for 1 hour. Best if eaten within 2 hours.
  - **Honey Bun**- Thaw and heat at 200° F for 4-5 minutes.
  - **Chicken Biscuit- Oven:**Thaw and heat sealed sandwich at 275° F for 22-24 minutes. **Microwave:**From thawed state, microwave for 80-90 seconds on full power.
  - **Grilled Chicken and Hot Cheese Minis**- Thaw and heat wrapped sandwich at 275° F for 24-26 minutes or until internal temperature reaches 165° F.
  - **Sausage and Pancake on a Stick- Oven:** Leave the item in film, and place on a baking pan. Bake at 375° F for 20-25 minutes or until 165° F. **Microwave:** make a ¼ inch slit in film to vent. Microwave on high for 50-55 seconds. Let stand for 1 minute before eating.
  - **Pb & J Uncrustable**- Keep frozen, thaw to room temperature for 30-60 minutes. Eat within 8-10 hours. Do NOT microwave.
  - **Sunbutter and Jelly Sandwich**- Thaw to room temperature for 30-60 minutes. Do NOT microwave.
  - **Cherry Apple Crunch Bar**- Thaw and serve. Has 30-day shelf life at room temperature.
  - **Cheese Quesadilla**- Bake at 350°F for 12-15 minutes if thawed or 18-20 minutes if frozen.
- Any perishable leftovers from this meal should be thrown out 3 days after receiving it!
- Throw out any meal that is left for 4 hours or longer at room temperature.

**We are honored to be able to serve you during this time!**