

## Cyber savvy parents: Internet safety tips for kids and adults

Looking for some great resources on how to keep your children safe in this technology-rich world? Look no further than Mesa Public Schools educational technology department. This team of experts has compiled tip sheets, videos, online classes and other resources that you can use to learn how to keep your children safe as they surf the Internet. Check out this awesome cyber library at <http://www.mpsaz.org/edtech/resources/cybersavvy>.

Here are some basic tips that you can employ today.

- Keep computers in high-traffic areas of your home.
- Ensure your children understand what “personal information” means and that they should never share it online.
- Spend time surfing the Internet with your children so they can show you what they like to do online.
- Establish limits for which online sites your children may visit and for how long.
- Record any usernames and passwords your children use so you are able to monitor Internet use.
- Remember that Internet technology can be mobile, so also monitor cellphones, gaming devices and laptops.
- Know who is connecting with your children online and set rules for social networking, instant messaging, emailing, online gaming and using webcams.
- Stay educated about what is trending on the Internet, what apps are popular and how children are using technology.
- Make Internet safety an ongoing family discussion.

Let’s work together at home and at school to keep our children safe on the internet.