What is Maturity?

Give me your own definition and provide examples. Must be a paragraph (5 or more sentences)
Maturity
Physiological

- breathing, food, water, sex, sleep, homeostasis, excretion

Safety

- security of: body, employment, resources, morality, the family, health, property

Love/belonging

- friendship, family, sexual intimacy

Esteem

- self-esteem, confidence, achievement, respect of others, respect by others

Self-actualization

- morality, creativity, spontaneity, problem solving, lack of prejudice, acceptance of facts
MATURITY The mature person accepts his situation and doesn't desire anything outside it. If he finds himself rich and honored, he acts as a rich man should act; if he is poor, he acts as a poor man should act; if he is among barbarians, he acts as a barbarian should act; if he is in trouble, he acts as someone in trouble should act. Life can present him with no situation in which he isn't master of himself.

In a high position, he doesn't domineer over his subordinates; in a low position, he doesn't fawn on his superiors. He makes sure that his own conduct is correct and seeks nothing from others; thus he is never disappointed. He has no complaints against heaven and no blame toward other people.

Therefore the mature person lives in perfect serenity, awaiting the decrees of heaven, while the unworthy person walks on the edge of danger, always trying to keep one step ahead of his fate.

Confucius said, "In the archer there is a resemblance to the mature person. When he misses the bull's-eye, he turns and seeks the reason for his failure in himself."

-Confucius

Stages of Human Development (according to NEH--there are many versions)

1. Sense of Self (1 to 2): knowing you are separate from others or an individual. (Children scream "mine" when they discover they individually can own an object.)

2. Bonding (0-5): a significant stage in life where you learn you can be cared for and loved by another person. In turn you learn how to care about and love another person. Research shows this is crucial to your healthy development.

3. Historical Sense of Self (2-6): the stage when you become aware of life happening in stages and you come to grips with where you are on this time line--a child, a teen, an adult, middle aged adult, and an old person.
4. Sexual Identity (2-6): when you gain a full understanding of the female and male roles.

5. Ethnic Identity (5-12): when you develop an understanding of the ethnic heritage and customs/traditions of your family.

6. Rites of Passage (11-?): when you transition from childhood into adulthood.

7. Personal Identity Established (18-???): growing to a point where you can successfully and contentedly balance your:

1. Economic or Work Identity

2. Social or Community Bonding

3. Ethical Self (defined by values, religion, philosophy)
Which maturity definition did you relate to the most and why out of the three given? Why did you not like the other two definitions?