



# Mesa Academy

March 2022

## Breakfast & Lunch Menu

PB & J Uncrustable and Hummus Plate Available Daily

Dried fruit available daily at breakfast. Baby carrots offered daily at lunch.



Monday	Tuesday	Wednesday	Thursday	Friday
<b>28</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	<b>Breakfast</b> Belgian Waffle Fresh Apple Slices  <b>Lunch Special</b> Rotini with Meat Sauce & Graham Crackers <b>Offered Weekly</b> Crispy Chicken Sandwich Fresh-Baked Pizza  <b>Sides</b> Steamed Broccoli Frozen Fruit Cup	<b>Breakfast</b> Turkey Ham & Cheese Sandwich Fresh Banana  <b>Lunch Special</b> ABC Chicken Nuggets & ABC Crackers  <b>Offered Weekly</b> Homestyle Chicken Strips and Curly Fries  <b>Sides</b> Buttery Corn Diced Pears	<b>Breakfast</b> Sausage Pancake on a Stick Small Oranges  <b>Lunch Special</b> Hot Dog w/ Chili  <b>Offered Weekly</b> Fresh-Baked Pizza  <b>Sides</b> Baked Beans Fresh Apple Slices	<b>Breakfast</b> Banana Bread Grape Juice  <b>Lunch Special</b> Cheesy Pull-Aparts  <b>Offered Weekly</b> Bean & Cheese Burrito Spicy Chicken Sandwich & Curly Fries  <b>Sides</b> Celery Sticks w/ Ranch Fresh Seasonal Fruit
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
No School- Spring Break	No School- Spring Break	No School- Spring Break	No School- Spring Break	No School- Spring Break
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>Breakfast</b> Strawberry PopTart & String Cheese Apple Juice  <b>Lunch Special</b> Burger Buddies <b>Offered Weekly</b> Fresh-Baked Pizza Spicy Chicken Sandwich & Curly Fries  <b>Sides</b> Green Beans Diced Pears	<b>Breakfast</b> Breakfast Bun Fresh Apple Slices  <b>Lunch Special</b> Teriyaki Chicken with Brown Rice <b>Offered Weekly</b> Mini Corn Dogs Fresh-Baked Pizza  <b>Sides</b> Steamed Broccoli Frozen Fruit Cup	<b>Breakfast</b> Mini Bagels Fresh Banana  <b>Lunch Special</b> Rolled Chicken Tacos <b>Offered Weekly</b> Crispy Chicken Sandwich Homestyle Chicken Strips and Curly Fries  <b>Sides</b> Black Beans Grape Juice	<b>Breakfast</b> Turkey Ham & Cheese Sandwich Small Oranges  <b>Lunch Special</b> Chicken & Waffles <b>Offered Weekly</b> Fresh-Baked Pizza  <b>Sides</b> Buttery Corn Fresh Apple Slices	<b>Breakfast</b> Honey Bun Applesauce  <b>Lunch Special</b> Spaghetti with a Cheesy Breadstick <b>Offered Weekly</b> Bean & Cheese Burrito Spicy Chicken Sandwich & Curly Fries  <b>Sides</b> Glazed Carrots Fresh Seasonal Fruit
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>Breakfast</b> Zucchini Bread Diced Peaches  <b>Lunch Special</b> Chicken Nuggets w/ Graham Crackers  <b>Offered Weekly</b> Fresh-Baked Pizza Spicy Chicken Sandwich & Curly Fries  <b>Sides</b> Glazed Carrots Diced Pears	<b>Breakfast</b> Rolled Breakfast Taco Fresh Apple Slices  <b>Lunch Special</b> Taco Stack  <b>Offered Weekly</b> Fresh-Baked Pizza  <b>Sides</b> Refried Beans Grape Juice	<b>Breakfast</b> Turkey Ham & Cheese Sandwich Fresh Banana  <b>Lunch Special</b> Grilled Cheese Sandwich  <b>Offered Weekly</b> Crispy Chicken Sandwich Homestyle Chicken Strips and Curly Fries  <b>Sides</b> Broccoli Bites w/ Ranch Mixed Fruit	<b>Breakfast</b> Belgian Waffle Small Oranges  <b>Lunch Special</b> Cheesy Pull-Aparts w/ Marinara Sauce  <b>Offered Weekly</b> Fresh-Baked Pizza  <b>Sides</b> Buttery Corn Fresh Apple Slices	<b>Breakfast</b> Blueberry Muffin Top Fruit Punch  <b>Lunch Special</b> Homestyle Chicken Tenders & Graham Crackers <b>Offered Weekly</b> Bean & Cheese Burrito Spicy Chicken Sandwich & Curly Fries  <b>Sides</b> Green Beans Fresh Seasonal Fruit
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>
<b>Breakfast</b> Belgian Waffle Diced Pears  <b>Lunch Special</b> Popcorn Chicken w/ Graham Crackers  <b>Offered Weekly</b> Fresh-Baked Pizza Spicy Chicken Sandwich & Curly Fries  <b>Sides</b> Ranch Mashed Potatoes Diced Peaches	<b>Breakfast</b> Maple Sausage Pancake Sandwich Fresh Apple Slices  <b>Lunch Special</b> Cheeseburger  <b>Offered Weekly</b> Fresh-Baked Pizza  <b>Sides</b> Steamed Broccoli Apple Juice	<b>Breakfast</b> Fruit-filled Frudel Fresh Banana  <b>Lunch Special</b> Crispy Chicken Sandwich  <b>Offered Weekly</b> Spicy Chicken Sandwich Homestyle Chicken Strips and Curly Fries  <b>Sides</b> Veggie Beans Tropical Fruit Medley	<b>Breakfast</b> Strawberry Pocket Small Oranges  <b>Brunch for Lunch:</b> Turkey Sausage, Waffles and Scrambled Eggs <b>Offered Weekly</b> Grilled Cheese Sandwich Fresh-Baked Pizza  <b>Sides</b> Paradise Punch Fresh Apple Slices	

This institution is an equal opportunity provider.

Fat-free chocolate, 1% white, and skim white milk available.

Menu subject to change.