



Mesa Academy

November 2021
Breakfast & Lunch Menu

PB & J Un crustable and Hummus Plate Available Daily



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Breakfast Mini Cinnis Diced Peaches</p> <p>Lunch Special Chicken Nuggets w/ Graham Crackers Offered Weekly Fresh-Baked Pizza Spicy Chicken Sandwich & Curly Fries</p> <p>Sides Glazed Carrots Mixed Fruit</p>	<p>2</p> <p>Breakfast Rolled Breakfast Taco Fresh Apple Slices</p> <p>Lunch Special Teriyaki Chicken w/ Brown Rice Offered Weekly Burger Buddies Fresh-Baked Pizza</p> <p>Sides Steamed Broccoli Frozen Fruit Cup</p>	<p>3</p> <p>Breakfast Mini Maple Sausage Pancake Wraps Fresh Banana</p> <p>Lunch Special Cheesy Pull-Aparts Offered Weekly Crispy Chicken Sandwich Homestyle Chicken Strips, Cornbread Star and Curly Fries</p> <p>Sides Fresh Cucumber Slices Diced Pears</p>	<p>4</p> <p>Breakfast Cinnamon Toast Bar Fresh Orange Smiles</p> <p>Lunch Special Beef & Cheese Nacho Kits Offered Weekly Hot Dog Fresh-Baked Pizza</p> <p>Sides Refried Beans Fresh Apple Slices</p>	<p>5</p> <p>Breakfast Blueberry Muffin Top Apple Juice</p> <p>Lunch Special Cheeseburger Mac & Garlic Knot Offered Weekly Bean & Cheese Burrito Spicy Chicken Sandwich & Curly Fries</p> <p>Sides Buttery Corn Mandarin Oranges</p>
<p>8</p> <p>Breakfast Strawberry Pop Tart & String Cheese Applesauce</p> <p>Lunch Special Hot Ham & Cheese Sandwich Offered Weekly Fresh-Baked Pizza Spicy Chicken Sandwich & Curly Fries</p> <p>Sides Ranch Mashed Potatoes Mixed Fruit</p>	<p>9</p> <p>Breakfast Turkey Ham & Cheese Sandwich Fresh Apple Slices</p> <p>Lunch Special Popcorn Chicken w/ Graham Crackers Offered Weekly Burger Buddies Fresh-Baked Pizza</p> <p>Sides Steamed Broccoli Frozen Fruit Cup</p>	<p>10</p> <p>Breakfast French Toast Sticks Fresh Banana</p> <p>Lunch Special Rolled Chicken Tacos Offered Weekly Crispy Chicken Sandwich Homestyle Chicken Strips, Cornbread Star and Curly Fries</p> <p>Sides Pinto Beans with Green Chiles Diced Pears</p>	<p>11 No School- Veterans' Day</p>	<p>12</p> <p>Breakfast Cinnamon Mini Bagels Fruit Punch</p> <p>Lunch Special HM Spaghetti with Cheese Sticks Offered Weekly Bean & Cheese Burrito Spicy Chicken Sandwich & Curly Fries</p> <p>Sides Paradise Punch Fresh Seasonal Fruit</p>
<p>15</p> <p>Breakfast Honey Bun Diced Pears</p> <p>Lunch Special Popcorn Chicken w/ Graham Crackers Offered Weekly Fresh-Baked Pizza Spicy Chicken Sandwich & Curly Fries</p> <p>Sides Glazed Carrots Mixed Fruit</p>	<p>16</p> <p>Breakfast Chicken Sausage Pancake Sandwich Fresh Apple Slices</p> <p>Lunch Special Grilled Cheese Sandwich Offered Weekly Burger Buddies Fresh-Baked Pizza</p> <p>Sides Cauliflower Bites w/ Rancy Frozen Fruit Cup</p>	<p>17</p> <p>Breakfast French Toast Sticks Fresh Banana</p> <p>Lunch Special Pepperoni Calzone Offered Weekly Crispy Chicken Sandwich Homestyle Chicken Strips, Cornbread Star and Curly Fries</p> <p>Sides Garbanzo Beans Tropical Fruit</p>	<p>18</p> <p>Breakfast Strawberry Pocket Fresh Orange Smiles</p> <p>Turkey Day! Turkey with Gravy Turkey Cookie Offered Weekly Hot Dog Fresh-Baked Pizza</p> <p>Sides Green Beans & Mashed Potatoes Cranberry Sauce & Fresh Fruit</p>	<p>19</p> <p>Breakfast Pumpkin Bread Strawberry Kiwi Juice</p> <p>Lunch Special Corn Dog Offered Weekly Bean & Cheese Burrito Spicy Chicken Sandwich & Curly Fries</p> <p>Sides Steamed Broccoli Fresh Seasonal Fruit</p>
<p>22</p> <p>Breakfast Mini Cinnis Applesauce</p> <p>Lunch Special Steak & Cheese Sandwich Offered Weekly Fresh-Baked Pizza Spicy Chicken Sandwich & Curly Fries</p> <p>Sides Glazed Carrots Diced Peaches</p>	<p>23</p> <p>Breakfast Banana Square Fresh Apple Slices</p> <p>Lunch Special Popcorn Chicken w/ Graham Crackers Offered Weekly Burger Buddies Fresh-Baked Pizza</p> <p>Sides Steamed Broccoli Frozen Fruit Cup</p>	<p>24 No School- Thanksgiving Break</p>	<p>25 No School- Thanksgiving Break</p>	<p>26 No School- Thanksgiving Break</p>
<p>29</p> <p>Breakfast Strawberry PopTart & String Cheese Diced Peaches</p> <p>Lunch Special Chicken Nuggets w/ Graham Crackers Offered Weekly Fresh-Baked Pizza Spicy Chicken Sandwich & Curly Fries</p> <p>Sides Glazed Carrots Mixed Fruit</p>	<p>30</p> <p>Breakfast Rolled Breakfast Taco Fresh Apple Slices</p> <p>Lunch Special Teriyaki Chicken w/ Brown Rice Offered Weekly Burger Buddies Fresh-Baked Pizza</p> <p>Sides Steamed Broccoli Frozen Fruit Cup</p>	<p>1</p>	<p>2</p>	<p>3</p>

This institution is an equal opportunity provider.

Fat-free chocolate, 1% white, and skim white milk available.

Menu subject to change.