



Mesa Academy

May 2022
Breakfast & Lunch Menu
 Hummus Plate Available Daily



Dried fruit available daily at breakfast. Baby carrots offered daily at lunch.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Breakfast Strawberry PopTart & String Cheese Applesauce Lunch Special Deli Combo Sandwich Offered Weekly Fresh-Baked Pizza Spicy Chicken Sandwich & Curly Fries Sides Cucumber Slices w/ Ranch Diced Peaches	Breakfast Belgian Waffle Fresh Apple Slices Lunch Special Popcorn Chicken w/ Graham Crackers Offered Weekly Burger Buddies Fresh-Baked Pizza Sides Steamed Broccoli Frozen Fruit Cup	Breakfast Turkey Ham & Cheese Sandwich Fresh Banana Lunch Special Rotini with Meat Sauce & Graham Crackers Offered Weekly Crispy Chicken Sandwich Homestyle Chicken Strips and Curly Fries Sides Buttery Corn Diced Pears	Breakfast Sausage Pancake on a Stick Small Oranges Lunch Special Build-your-own Beef Tacos Offered Weekly Fresh-Baked Pizza Sides Refried Beans Fresh Apple Slices	Breakfast Banana Bread Fruit Punch Lunch Special Chicken Strips & Graham Crackers Offered Weekly Bean & Cheese Burrito Spicy Chicken Sandwich & Curly Fries Sides Glazed Carrots Fresh Seasonal Fruit
9	10	11	12	13
Breakfast Mini Cinnis Diced Pears Lunch Special Chicken Nuggets w/ Graham Crackers Offered Weekly Fresh-Baked Pizza Spicy Chicken Sandwich & Curly Fries Sides Ranch Mashed Potatoes Diced Peaches	Breakfast Rolled Breakfast Taco Fresh Apple Slices Lunch Special Orange Chicken with Brown Rice Offered Weekly Fresh-Baked Pizza Sides Steamed Broccoli Fruit Punch	Breakfast Maple Sausage Pancake Sandwich Fresh Banana Lunch Special Cheese Pizza Offered Weekly Crispy Chicken Sandwich Homestyle Chicken Strips and Curly Fries Sides Paradise Punch Applesauce	Breakfast Cinnamon Toast Crunch Bar Small Oranges Lunch Special Cheesy Pull-Aparts w/ Marinara Sauce Offered Weekly Hot Dog Fresh-Baked Pizza Sides Black Beans Fresh Apple Slices	Breakfast Blueberry Muffin Top Apple Juice Lunch Special Cheeseburger Mac w/ a Garlic Knot Offered Weekly Bean & Cheese Burrito Spicy Chicken Sandwich & Curly Fries Sides Glazed Carrots Fresh Seasonal Fruit
16	17	18	19	20
Breakfast Strawberry PopTart & String Cheese Diced Peaches Lunch Special Hot Ham & Cheese Sandwich Offered Weekly Fresh-Baked Pizza Spicy Chicken Sandwich & Curly Fries Sides Glazed Carrots Diced Pears	Breakfast Mini Bagels Fresh Apple Slices Lunch Special Chicken & Waffles Offered Weekly Fresh-Baked Pizza Sides Baked Beans Frozen Fruit Cup	Breakfast Honey Bun Fresh Banana Lunch Special Crispy Chicken Sandwich Offered Weekly Homestyle Chicken Strips and Curly Fries Sides Broccoli Bites w/ Ranch Apple Juice	Breakfast French Toast Sticks Small Oranges Lunch Special Mini Corn Dogs Offered Weekly Fresh-Baked Pizza Sides Buttery Corn Fresh Seasonal Fruit	No School- Summer Break
23	24	25	26	27
30	31	1	2	3

This institution is an equal opportunity provider.

Fat-free chocolate, 1% white, and skim white milk available.

Menu subject to change.