



How can I get help?

If a parent/guardian is concerned their child may be experiencing personal or drug/alcohol related difficulties in school, and would like to consider enrolling their child in a group. A parent could do this by completing a parent/guardian referral form found on the Mesa High School website.

For parents/guardians who are going through difficult times themselves and are needing support, they could call the S.A.P., coordinator for assistance.

For students wanting support, they have the ability to self-refer by completing the student self-referral form, also found on the website or ask to speak with the S.A.P., coordinator.

Students may also be referred by their teachers, administrators and guidance staff if they have a concern and/or feel a student may benefit from the program/groups.