



**Cancer doesn't discriminate. Anyone can develop it. And no matter the type, a cancer diagnosis is life-changing.**

**The risk of getting a cancer diagnosis increases with age.\* Almost half of all men in the United States will get cancer in their lifetime.\* For women, the risk is a little more than one third.\***

**The good news? Five-year survival rates for all cancers are improving.\* Largely due to improvements in early detection, diagnosis and treatment.\***

\* American Cancer Society, "Cancer Facts & Figures 2015." <http://www.cancer.org/research/cancerfactsstatistics/cancerfactsfigures2015/index>, Accessed 11/13/15.

**Together, all the way.®**



All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, Cigna Health Management, Inc., Cigna Behavioral Health, Inc., and HMO or service company subsidiaries of Cigna Health Corporation, including Cigna HealthCare of Arizona, Inc., Cigna HealthCare of California, Inc., Cigna HealthCare of Colorado, Inc., Cigna HealthCare of Connecticut, Inc., Cigna HealthCare of Florida, Inc., Cigna HealthCare of Georgia, Inc., Cigna HealthCare of Illinois, Inc., Cigna HealthCare of Indiana, Inc., Cigna HealthCare of St. Louis, Inc., Cigna HealthCare of North Carolina, Inc., Cigna HealthCare of New Jersey, Inc., Cigna HealthCare of South Carolina, Inc., Cigna HealthCare of Tennessee, Inc., and Cigna HealthCare of Texas, Inc. Policy forms: OK - HP-APP-1 et al (CHLIC), GM6000 C1 et al (CGLIC); TN - HP-POL43/HC-CER1V1 et al (CHLIC), GSA-COVER, et al (CHC-TN). The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.



## **CIGNA CANCER SUPPORT PROGRAM**

**Support when you need it most**

**Together, all the way.®**





## CIGNA CANCER SUPPORT PROGRAM IS HERE TO HELP.

At Cigna, we go beyond just cancer support. We offer information, assistance and one-on-one support every step of the way. Like understanding your diagnosis. And discussing your doctor's treatment options. As well as celebrating survivorship. Throughout your journey, we're here to support you and your family. And help you get the care you need.



### Planning Every Stage

The Cigna Cancer Support Program helps people facing all types of cancer. And their families. Our support is based on each person's specific care needs. We offer these levels of support:

#### Surveillance

This level supports cancer survivors with survivorship information. We also offer 24/7 telephone access to a nurse who specializes in supporting customers in remission.

#### Maintenance

This level is for people who have had cancer in the past. And they still take medication or have ongoing preventive treatment. People at this level get outreach phone calls and survivorship information in the mail.

#### Active and Active with Complications

These levels are for people currently living with cancer. And those who have cancer and other complications. Like diabetes or chronic obstructive pulmonary disease. These people get support over the phone. They also work with nurses with oncology training to build personalized support plans.

#### Dedicated Support

The Cigna Cancer Support Program offers access to a nurse who specializes in supporting customers with cancer. This nurse works with you one-on-one to help you:

- › Understand your diagnosis, medications and treatment options identified by your doctor
- › Answer any questions you may have
- › Coordinate your care
- › Understand your health plan coverage
- › Find other resources like local support groups and facilities



### Additional program resources

#### Print and online information

Includes a wide variety of articles and other materials on:

- › Cancer prevention
- › Treatment options
- › Side effects
- › Support services

#### Online cancer condition support

This resource offers information and tools that can help prevent future illness. You can find it at [myCigna.com](https://mycigna.com).

#### Cigna 24 Hour Health Information Line<sup>SM</sup>

Offers the option to speak directly to a nurse. 24 hours a day, 7 days a week. You can also use this line to access educational audio tapes.

#### End-of-life support

The program helps people and their families when they're facing end-of-life care. We offer help in these areas:

- › Helping people voice their desires and choices
- › Emotional and clinical support in coordinating end-of-life care
- › Access to a large network of quality end-of-life care options

**The Cigna Cancer Support Program is not meant to replace the care you get from your doctor. It gives extra support if you need it. To learn more, call the number on the back of your Cigna ID card.**