

# Prostate Cancer Screenings

**15 Minutes Could Save Your LIFE!!!**

**No-Cost Prostate Cancer Screenings to ALL  
Mesa Public Schools Employees & Covered Spouses**

**Hosted by: Mesa Public Schools**

**Thursday - December 2nd, 2021**

**9:00am - 1:00pm**

**Fremont Transportation Yard**

**7038 E. Adobe Street  
Mesa, AZ 85207**



***\*\*Mobile Unit times subject to change based on number of scheduled appointments\*\****



**Appointments are Required - Call to Schedule Your Appointment Today!**

**480-964-3013 or 1-800-828-6139**

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**Prostate Cancer Screenings Includes the Following:**

- PSA (Prostate Specific Antigen) Blood Draw
- DRE (Digital Rectal Exam)
- Testicular Exam
- Board Certified Urologist Consultation

# PROSTATE FACTS

## National Statistics:

- ❑ After skin cancer, prostate cancer is the most diagnosed cancer in American men and the *second leading cause of cancer death*.
- ❑ Prostate cancer is twice as common and has *more than twice the mortality rate* in African-American men as it has in Caucasian men.
- ❑ Approximately 232,090 new cases of prostate cancer will be diagnosed in the U.S. That represents *one man diagnosed with prostate cancer every two minutes*.
- ❑ Approximately 31,800 men will die from the disease. *That represents one man dying every seventeen minutes*.
- ❑ The lifetime probability of developing prostate cancer is *1 in 6 men*.

## Arizona Statistics:

- ❑ 3,900 new cases and 550 deaths.
- ❑ After skin cancer, the most diagnosed cancer in Arizona, and the second cause of cancer death in men.

## According To "POP"

- ❑ All men 40 years of age should have an annual digital rectal examination (DRE).
- ❑ All men 40 years and older should be offered a prostate specific antigen blood test (PSA) annually by their doctors. If not offered, men should request information about this test and insist on having a PSA evaluation.
- ❑ Men with a family history of prostate cancer and African-American men should be offered a DRE and PSA test annually *starting at age 37*. If not offered, these men should request information about this test from their doctors while mentioning their family history or racial risk and request that these exams be done.
- ❑ The 5-year survival rate for patients whose cancer is caught while still confined to the prostate is *100%*, while the 5-year survival rate for those men diagnosed with advanced cancer is only 34%.
- ❑ Prostate cancer often develops without symptoms. Annually testing with PSA and DRE can lead to early detection and cancer confined to the prostate that has a significantly higher cure rate. Awareness about the risk of prostate cancer is a critical issue for Arizona's families. *Know what your PSA numerical result is every year*. Do not accept: "your PSA is normal". Ask for the actual number. The value of PSA testing is the rate of change from one year to the next.

